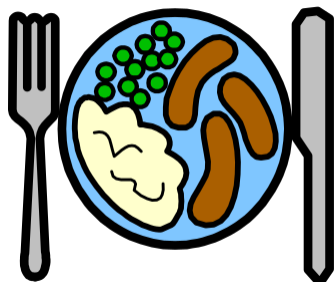


1



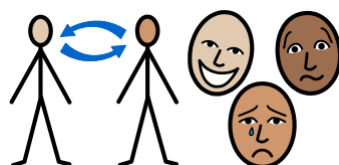
sömn och
vila

2



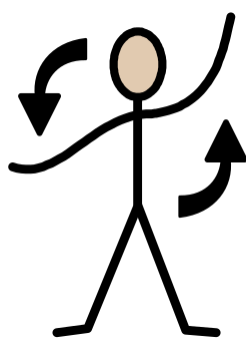
mat och
måltider

3



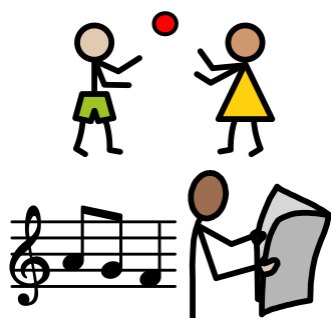
relationer
och känslor

4



rörelse
och kropp

5



fritid och
kreativitet